



## Overview

Obsessive-compulsive disorder (OCD) is characterized by the experience of recurring, intrusive, and troubling thoughts, ideas, or sensations (obsessions) that make an individual feel driven to do something repeatedly (compulsions). Given the time-consuming and maladaptive nature of OCD, it can impair functioning, cause distress, and interfere with all aspects of life.

Despite showing considerable variability in symptom expression and onset age, cycles of obsessions and compulsions usually constitute a bimodal onset, with one peak at approximately 10 years old and the second in early adulthood. Therefore, assessment tools are necessary to establish the presence and severity of OCD in child populations to assist with diagnosing and treatment.

The Owl measure library has evidence-based measures to assess childhood OCD symptomatology based on DSM-5 criteria. These self-report and parent-report measures are not designed to yield a clinical diagnosis but can be used in conjunction with objective semi-structured clinical interviews.

## Owl's OCD Measures for Children

- Appropriate for use with children ages 5-17 and their parents
- Screen, monitor, and measure the presence and severity of OCD symptoms at baseline and over time
- Compare the frequency and intensity of various types of obsessions and compulsions
- Determine positive screens and help identify patients at risk of symptom deterioration and treatment failure.
- Can be used with clinical and non-clinical populations in various settings, such as primary care, inpatient and outpatient
- Supports clinical decision-making to determine optimal treatments
- Supports the diagnostic process and ongoing monitoring of a patient's response to intervention
- Parent and child versions together provide a better understanding of how consistently a patient is displaying symptoms across contexts

## Key References

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## Child OCD Measure Options in Owl

<b>Child Obsessive Compulsive Impact Scale-Revised (Child) (COIS-R)</b>	33-item child-report measure to assess specific functional impairment associated with OCD over the past month.
<b>Child Obsessive Compulsive Impact Scale-Revised (Parent) (COIS-RP)</b>	33-item parent-report measure to assess specific functional impairment associated with OCD over the past month.
<b>Obsessive-Compulsive Inventory Child Version - Revised (OCI-CV-R)</b>	18-item youth self-report measure to assess the severity of obsessive-compulsive symptoms over the past month.
<b>Short Leyton Obsessional Inventory - Child Version (S-LOI-CV)</b>	11-item child self-report measure to screen for current OCD symptoms over the past two weeks.